



Archwilio'r Vile, Rhosili

Explore the Vile, Rhosili



Dewch i ymweld a Rhosili i fwynhau'r llwybrau cerdded newydd trwy'r Vile, lleoliad system hynafol o ffermio stridedi o gaeau

Visit Rhosili to explore the new network of footpaths meandering through the Vile, the recently restored strip field system at Rhosili

01792 390636
Visit www.nationaltrust.org.uk/gower
Facebook.com/GowerNT Twitter: @GowerNT

Fotografffaeth/Photographs © National Trust Images/John Miller
Mae'r Ymddiriedolaeth Genedlaethol yn elysu gofrestrung, rhif 205846
The National Trust is a registered charity, no. 205846

List of walks

Key: Toilets Stiles Dogs Picnic Break Map reference **Walk grading:** Strenuous Moderate Some exertion Easy

Walk No.	Date: June 2018	Start time	Walk title	Start point	Grid ref.	End point	Leader	Duration	Distance	Difficulty	Parking	Bus stop	Cost	Sponsor
1	Sat 2nd	10.00	Tai Chi At Brynmill Park	Brynmill Park	R SS 634 925	Brynmill Park	Park Lives	2 hours			Street	First Cymru 19	Free/No limit	Park Lives
2		11.00	Launch Walk Southgate to Cefn Bryn & return	Outside Pennard Stores, Southgate	L SS 554 874	Pennard Stores, Southgate	John Ashley	4-5 hours	7.5 miles		NT Car Park, Southgate	First Cymru 14 Pennard Cliffs	£6.00	Pennard Stores
3		11.00	The Southside Stride	Pennard Stores, Southgate	L SS 554 874	NT Car Park, Southgate	Stuart Mackinnon	4 hours	6.5 miles		NT Car Park	First Cymru 14	£6.00	Gower Landscape Project
4	Sun 3rd	09.30	Bishops Wood Family Walk	Caswell Bay Pay & Display Car Park	N SS 595 875	Caswell Bay Pay & Display car park	Karen Griffin	1 hour	2 miles		Pay & Display Car Park		£6.00	Southgate Club, Southgate
5		14.00	Following In The Footsteps of Nigel Jenkins	Kings Head Hotel, Llangennith	E SS 429 914	Kings Head Hotel, Llangennith	Sarah Samuel & Jane Fraser	3 hours	7 miles		Limited parking in village	NAT 116 arrives 11.53	£6.00	nb Design
6		10.00	Moors and Manors	Outside St. John Church, Penmaen	I SS 532 887	St. John Church, Penmaen	Stuart Mackinnon	5.5 hours	7.5 miles		NT Car Park - donation	NAT 118	£6.00	Home From Home
7	Mon 4th	10.00	North Gower Churches	Cwm Ivy Car Park	C SS 439 935	Cwm Ivy Car Park	April Beynon	3 hours	4-5 miles		£1 donation Cwm Ivy car park	NAT 116 arrives 9.03	£6.00	Mumbles Flooring
8		14.00	Penmaen & Pennard Castle	NT Car Park at Penmaen	I SS 526 885	NT Car Park at Penmaen	Charles Hill, Gower Society	3 hours	4 miles		NT Car Park - donation	NAT 116 118 Penmaen Church	£6.00	Gower Society
9		19.00	Brandy, Beach and Bones	Pyle Corner, Bishopston	M SS 580 883	Pyle Corner	Maggie Jones & Barbara Parry	2 hours	2.5 miles		Street	First Cymru or NAT 14	£6.00	Pilot Inn, Mumbles
10	Tues 5th	09.00	Coasteering	Rhosili NT Car Park	F SS 413 880		Gower Activity Centres	4 hours			Rhosili NT Car Park	NAT 118	£40.00 (min age 14)	Gower Activity Centres
11		10.00	Penmaen Circular	Penmaen Car Park	I SS 526 885	St. John Church, Penmaen	Lynne Esson, Swansea Ramblers	4 hours	7.5 miles		NT Car Park - donation	NAT 118 Penmaen Church	£6.00	Swansea Ramblers
12		10.45	Oxwich Point	Oxwich Beach Car Park	H SS 501 864	Oxwich Beach Car Park	Mike Scott	2.5 hours	4 miles		Oxwich Beach Car Park (pay)	NAT 117 Penmaen Church	£6.00	PISYS.net
13	Wed 6th	10.00	Beginners Map Navigation & Interpretation	Gower Heritage Centre	SS 543 892	Gower Heritage Centre	Stuart Mackinnon	6.5 hours	3-4 miles		Gower Heritage Centre - Free	118 Parkmill	£8.00	Tread Gower
14		11.00	Orchids at Oxwich	Oxwich Car Park near attendants booth	H SS 501 864	Oxwich Bay Hotel	Gower Unearthed & Hil Werker	4 hours	4 miles		Oxwich Beach Car Park	NAT 117 Oxwich Cross	£6.00	Maureen Cotley Florist, Mumbles
15		14.00	Words The Turtle Taught Me	Bracelet Bay Car Park	O SS 627 871	Caswell Bay Car Park	Sarah Samuel with poet Susan Richardson	3 hours	3 miles		Bracelet Bay Car Park	First Cymru 2b Limeslade	£6.00	Surfside Cafe
16		14.00	Gelli Hir - A Woodland Haven	Gelli Hir Woods Nature Reserve	K SS 561 925	Gelli Hir Woods entrance	Ceri Evans, The Wildlife Trust of S & W Wales	1.5 hours	1.5 miles		Small car park, plus some roadside parking	NAT 119 Fairwood	£6.00 (limit on 10 walkers only)	The Wildlife Trust of South & SW Wales
17		14.00	Pub to Pub With Views	Britannia Inn, Llanmadoc	D SS 446 932	Llanmadoc	Richard Daugherty	4 hours	5 miles		Park at Pub	NAT 116 arrives 12.03	£6.00	The Bay Magazine
18		19.00	A Stroll Through the Dead Centre of Mumbles	All Saints Church Main Door	P SS 616 880	All Saints Church	Gary Gregor, Gower Society	2 hours	3 miles		Off Street + Pay & Display Mumbles	First Cymru 2A or 3A	£6.00	Cover To Cover Bookshop
19	Thur 7th	10.15	Heart Of Wales - Rail and Walk	Pantyyffnon Station (09.33 Swansea to Llaneli eta Pantyyffnon 10.13)	X SN 623 108	Loughor/Bynea (Bynea 17.42 to Swansea eta 18.14)	Robin Barlow	6 hours	13 miles		Parking free at Pantyyffnon		£6.00 + rail ticket (limited to 18 walkers only)	Home From Home
20		10.30	Clyne In Bloom Photography Walk	Clyne Park Car Park/Wooman Pub Car Park Blackpill	Q SS 618 905	Clyne Park entrance	Liz Barry	3 hours	2 miles		Clyne Park Car Park Limited Space + Pay Display Blackpill	First Cymru 2 & 3 Blackpill Lido	£6.00	The Bay Magazine
21		11.00	Clydach RSPB Reserve	Clydach RSPB Reserve Lower Swansea Valley	V SS 683 026	Clydach RSPB Reserve	Mike Clarke, Swansea Ramblers	2.5 hours	4 miles		Small Car Park	First Cymru 14 Craig Cefn Parc New Inn	£6.00	Swansea Ramblers
22		14.00	Landimore, Cheriton Ryer's Down Geology Walk	Landimore	B SS 464 935	Landimore	Dr. Geraint Owen	4 hours	5 miles		Street	NAT 115 Arrives 13.51	£6.00	Bar and Catering Supplies
23		15.00	Invasive Non-Native Species Walk & Talk	Singleton Park Entrance Gower Road Sketty	S SS 629 927	Singleton Park	Jo Mullett	2 hours	3 miles		Street	First Cymru 20, 21	£6.00 , limited to 15 spaces	Rees Marketing
24		18.30	Walks With Wheels	Oystermouth Car Park on the Front	P SS 615 884	Oystermouth	John Ashley	2 hours	2 miles		Pay & Display, Mumbles		£6.00 Free for wheelchair users	Pilot Inn
25	Fri 8th	10.30	Birds and Bees in Rhosili	National Trust Shop Rhosili	F SS 413 880	National Trust Shop Rhosili	Mark Hipkin, NT Area Ranger	2-3 hours	3 miles		NT Car Park	NAT 118 119	£6.00	National Trust
26		10.00	Neolithic and Medieval Gower	Green Cwm	J SS 538 896	Green Cwm	John France, Swansea Ramblers	6 hours	12 miles		Green Cwm Car Park in Parc Le Breos	NAT 118 Arrives 9.38	£6.00	Swansea Ramblers
27		10.00	Penlgeraer Valley Woods	Penlgeraer Valley Woods Car Park	W SS 622 991	Penlgeraer Valley Woods	Roger Brown	3 hours	5 miles		Small Car Park	First Cymru X13	£6.00	Penlgeraer Trust
28		12.00	Coasteering	Rhosili NT Car Park	F SS 413 880		Gower Activity Centres	4 hours			NT Car Park	118 119 Worms Head	£40.00 (min age 14)	Gower Activity Centres
29		14.00	Swansea's Industrial Heritage	Anti Aircraft Gun, New Cut Bridge	T SS 661 932	New Cut Bridge	Edith Evans	3 hours	3 miles		Parc Tawe	First Cymru 31 32 33	£6.00	Repton Outdoor
30	Sat 9th	09.00	Four Peaks of Gower	King Arthur Hotel Car Park	F SS 482 899	King Arthur Hotel Car Park	Stuart Mackinnon	9 hours	17 miles		Road Parking	NAT 118 Arrives 08.37	£6.00	Tread Gower
31		10.00 & 11.00 (2 sessions)	Parkour With Park Lives Suitable for 7+ year	Parc Williams Loughor	A SS 565 979		Park Lives	1 hour each session			Street	First Cymru 110, 111 Loughor Parc	Free - booking via park.lives@swansea.gov.uk	Park Lives
32		10.00	Reynoldston	King Arthur Hotel	G SS 482 899	King Arthur Hotel	Neil Barry	5 hours	9 miles		Street	NAT 118 Reynoldston Green	£6.00	King Arthur Hotel
33		10.30	Dogs Welcome on Whiteford Sands	Cwm Ivy Car Park	C SS 439 935	Cwm Ivy Car Park	John Ashley	4 hours	5.5 miles		Cwm Ivy Car Park	NAT 116 arrives 09.03	£6.00	Little Valley Bakery, Parkmill
34		10.00	Tredeggar Fawr Farm Walk	Tredeggar Fawr Farm	U SS 633 998	Tredeggar Fawr Farm	Edward Harris, Gower Society	2.5 hours	2.5 miles		On farm yard	SWT 35	£6.00	Gower Society
35	Sun 10th	10.00	Promenade to Park - Memories of Dylan Thomas	Cenotaph, Swansea Prom	S SS 637 920	Dylan Thomas Home 5 Cwmdonkin Park	Adrian Metcalfe, Lighthouse Theatre	2.5 hours	3 miles		Recreation Ground Pay & Display	First Cymru 2A 3A 4A The Slip	£10.00 (includes tea & welsh cake at DT House)	Dylan Thomas Home
36		10.00 & 11.00 (2 sessions)	Mountain Boarding For Kids! In Partnership with Park Lives Suitable for 6+ year	Clyne Park	Q SS 613 904		Park Lives	1 hour each session			Public Car Park at Woodman Limited spaces	First Cymru 2A & 3A Blackpill Lido	Free (email: info@brdsports.co.uk)	Park Lives
37		14.30	The Edgar Evans Walk	Rhosili NT Car Park	F SS 413 880	Rhosili NT Car Park	Gary Gregor & Gower Unearthed	3 hours	4 miles		NT Car Park	NAT 114 118	£6.00	Bay Bistro Rhosili
38		16.00	Clyne Farm Nature & Woods	Clyne Farm Centre	Q SS 607 909	Clyne Farm	Geoff Haden	2 hours	3 miles		Free Car Park	First Cymru 2A 3A NAT 114 118	£6.00	Clyne Farm Centre
39		19.00	End of Festival Twmpath Celebration	Clyne Farm, Westport Avenue	Q						Small Car Park	First Cymru 2A, 3A Blackpill Lido or NAT 114 Westport Avenue	£10.00 (includes one drink + food)	Gower Walking Festival



Sunday 10 June 2018
Saturday 2 June -
Walking Festival
GOWER WALKING FESTIVAL

Swansea Bay Bae Abertawe
THIS SUMMER'S BIGGEST STAGE - LLWYFAN MMYAF YR HAF HWN

FEATURING - YN CYNNWYS

BBC MUSIC'S THE BIGGEST WEEKEND AIRSHOW
Y PENWYTHNOS SIOE AWYR CYMRU
30/06/18 - 01/07/18

THE KILLERS
23/06/18

LITTLE MIX
07/07/18

NOW THE HERO / NAWR YR ARWR
25 - 29/09/18

enjoyswanseabay.com
joibaebertawe.com

Cyngor Abertawe Swansea Council



Visit the largest collection of holiday homes in Mumbles, Gower & Swansea Marina



As we are celebrating 'Year of the Sea', why not take a walk around the impressive Gower Peninsula. With a 38-mile coastal path, you truly are spoilt for choice. A walk on Gower would not be complete without a visit to one of our iconic landmarks such as Three Cliffs Bay or Rhosili. Also, don't leave your furry companion behind as we have over 100 dog friendly cottages to choose from.

homefromhome.com
Holiday Cottages

01792360624

enquiries@homefromhome.com
101 Newton Road, Mumbles, Swansea, SA3 4BN



AWARD-WINNING IT SERVICES FOR YOUR BUSINESS



CONTACT US TO ARRANGE A FREE IT REVIEW

www.pisys.net 03301 241009 sales@pisys.net

We make IT easy

RextonOutdoor

32 Craddock Street, Swansea
SA1 3EP • 01792 686845
www.rexton-outdoor.co.uk
sales@rexton-outdoor.co.uk

Stockists of:

- SealSkinz
- Petzi
- Silva
- Sprayway
- Craghoppers
- Regatta
- Highlander
- Mountain Equipment
- Vanga
- Trespass and more



Waterproof and insulated jackets ■ Walking boots and shoes
Rucksacks ■ Hats ■ Gloves and much more



Walk Start Points

- A** Loughor
- B** Landimore
- C** Llanmadoc, Cwm Ivy Car Park
- D** Llanmadoc, Britannia Inn
- E** Llangennith
- F** Rhossili
- G** Reynoldston
- H** Oxwich
- I** Penmaen
- J** Parkmill
- K** Gelli Hir Wood
- L** Southgate
- M** Bishopston
- N** Caswell
- O** Bracelet Bay
- P** Mumbles
- Q** Clyne
- R** Brynmill
- S** Singleton Park
- T** New Cut Bridge
- U** Velindre
- V** Clydach
- W** Penllergaer
- X** Garnswilt

Front cover photograph courtesy of Liz Barry.

Tread Gower

www.treadgower.com
Mobile: 07703 575 732

Tread Gower is the premier walking skills service for Gower and South Wales.

- Specialising in hill and mountain skills, leadership and education
- Well-being and adventure
- Tread Gower's instructors are Mountain Training UK qualified, and offer the highest quality instruction available



Tread Gower also provides accredited Navigation and Leadership awards through the National Navigation Awards Service (NNAS) and Sports Leaders UK, as well as National Governing Body Awards through mountain training in UK.



info@treadgower.com

twitter.com/treadgower facebook.com/treadgower

BEST FOOT FORWARD WITH THE Bay MAGAZINE

PRICELESS

SUBSCRIBE from only £18 per year

An independent PRICELESS monthly magazine delivered into over 14,000 homes every month in Swansea and the surrounding area

Advertise YOUR business starting from as little as £85 per issue and get results!

Features include:
 SNIPPETS - our monthly look at local events and happenings
 DIG IT - Gardening advice
 FAMILY HISTORY
 FASHION
 MOTORING
 TRAVEL - to the ends of the earth
 THE WORLD OF BOOKS
 WALK OF THE MONTH
 BIKE TRAILS
 FOOD & DRINK
 SURFING
 HEALTH & WELLBEING
 and much much more...

For more information please contact Lesley on 01792 290486 or visit www.theswanseabay.co.uk

The Gower Walking Festival returns, refreshed and ready to go!

In this small pocket of south west Wales, measuring just 19 miles long and covering over 70 sq. miles, Gower has an abundant rich variety of landscape, flora, fauna and a cultural heritage too! The size and terrain makes this one of the most accessible areas to walk for all, and our festival offers everyone the opportunity to try something new, revisit a much loved haunt, or simply stroll along the water's edge.

There are walks about castles, churches, industry. Walks for wheels, for dogs, for poets and photographers. We have easy walks on the Mumbles waterfront, moderate walks to Pwll Du and strenuous walks to cover the four peaks of Gower. But we also have partnered with specialists to provide tai chi, mountain boarding, parkour and Coasteering.

The festival would not happen without the wonderful team of volunteers, many are professionals who have given us their time. We are grateful to all our sponsors and funders. Spaces are limited on most walks and activities, so book early to avoid disappointment. We just ask that you read and take note of our booking conditions. We want this to be your best and safest visit to Gower.

Our mission is to be sustainable for the future, diverse for all, and aware of our beautiful environment.

So, pull on your walking boots and book your walk!

GOWER WALKING FESTIVAL ASSOCIATION
A not-for-profit organisation



How to book

Most walks are £6 per person (£3 for under 16s). Some specialist walks or activities cost more as indicated in the detailed walks descriptions on our website.

Details correct at time of printing. However please check website for updates/changes.

You can book:

- Online via the website www.gowerwalkingfestival.uk using Eventbrite ticketing.
- In person at **Cover to Cover Bookshop**, 58 Newton Road, Mumbles Swansea SA3 4BQ. They will book for you through our website when you visit the shop. They are unable to take bookings by phone. Cash only.

Please note spaces are limited on all walks, and availability is shown on the Eventbrite pages.

For any queries, please email info@gowerwalkingfestival.uk, or telephone 07340 672963

Accent
CREATIVE DIGITAL AGENCY

THE FULL CREATIVE AGENCY

1st Floor, 8 Christina Street, Swansea SA1 4EW
T: 01792 774939 E: studio@accent-adc.co.uk
W: www.accent-adc.co.uk

WEBSITE DESIGN
LOGO DESIGN
DESIGN FOR PRINT
ILLUSTRATION
MARKETING

Caroline Rees
Marketing Consultant

07866 685828
reesmarketing.co.uk
facebook.com/reesmarketing
twitter@CazzCymru

What you need to know

All participants in the Gower Walking Festival do so at their own risk and are advised to take out their own personal insurance. GWFA does not accept responsibility for walker's safety or personal property while taking part in the Walking Festival.

Walk meetings points are indicated by the START marker on each walks web page. Grid reference is also on web page.

Most walks are circular (returning to start point). We offer free transport back to start point at the end of the walk for those walks that are not except Walk 19.

All distances and duration of walks are approximate.

Walks will start promptly, so please ensure you arrive at least 10 minutes before.

Check bus times as they may have changed since the publication of walks. We have worked with local public transport to coordinate start times with bus arrival times.

Car owners should be observant of local residents and businesses when parking in Gower. Please park sensibly and secure your car with no valuables showing. All walkers will need to supply an emergency contact phone number to be written on a wrist band provided at the start of each walk.

Please wear suitable footwear and clothing and be prepared for unpredictable weather. An inadequately dressed person could affect the safety and enjoyment of the whole group, so we reserve the right not to take a person who is not properly equipped. We recommend you carry a drink (preferably water) and sun-protection. Remember to bring any medication you may need during a walk. Where there is an opportunity to enjoy a picnic lunch, please bring your own, and any snacks if you feel you need them en-route.

Dogs are welcome on some walks and they must be on short controlled leads, and owners must carry 'poop' bags and use when required. We walk near farm animals and wildlife. Assistance dogs welcome on all land based walks. The walk leaders and back markers are volunteers, but many have had training. There will be one first aid kit provided for each walk. If you choose to leave the group at any time, your leader is no longer responsible for you.

In the event of adverse weather or unpredicted obstacle, the leader may change the route or reduce walk length in the interests of the health and safety of the group.

Young walkers are welcome, but if aged 16 or younger, they must be accompanied by an adult.

We ask that walkers refrain from smoking during the walk time.

Gower Landscape Project

Gower – a land of history, beauty, and amazing variety. It was the first landscape to be designated as an Area of Outstanding Natural Beauty (AONB), in 1956, and every one of its 188 sq km is jam packed with places of natural, historical and cultural interest. The Gower Landscape Partnership (GLP) aims to inspire and help local people learn more about and look after Gower's special and distinctive features. GLP was successful in securing £1.3m from the Heritage Lottery Fund's (HLF) Landscape Partnership programme to deliver an ambitious and diverse programme, which ends in June 2018. Additional funding and support is from: Rural Development Plan for Wales 2007-13 (which is funded by the Welsh Government and the European Agricultural Fund for Rural Development); Natural Resources Wales; and National Trust.



The Gower Society

The Gower Society was founded in 1947. Its membership has grown and today has over 1600 members from all corners of the world. It is a registered charity entirely run by volunteers.

- The Gower Society:**
- Organises over 150 events a year
 - Gives grants to Gower causes
 - Runs a young people's section
 - Discusses policy with local and national governments
 - Gives annual Design Awards for good, sympathetic design
 - Clears footpaths and established the footpath, The Gower Way
 - Examines all planning applications for the AONB
 - Publishes an annual journal *Gower* and other books about Gower
- www.gowersociety.org.uk

Let your feet lead you somewhere special...

Coffee Shop Three Cliffs

Our food is made with unparalleled love and care for both you and the environment. Whether you are looking for something to cool you down or warm you up, you'll find something special at the Coffee Shop.

Pennard Stores

Often called the 'Harbours of Gower... with an emporium of stock brimming the shelves, from basics to treats for any occasion. Our deli delights are available at the counter to take home, all freshly made using our own recipes. All things quaint and quirky you'll find stocked in here.

The Cliff of Gwynn

Whatever your occasion, we hope to fulfil your dining experience, whether it be a romantic meal for two, a family night, a catch up with friends, a celebration, or a girls night out. Tastes and flavours change with the seasons... when everything is local & fresh you have to go with the flow!! Meet in our new downstairs cosy area The Cove for pre-dinner drinks, or relax in comfort after dinner with a coffee.

Visit: www.the-cliff.co.uk
 OPEN ALL YEAR ROUND FROM 6:00PM WEDNESDAY TO SATURDAY
 TO BOOK: Call: 01792 399030 Email: reservations@the-cliff.co.uk

FIND US: on the Coastal Path opposite the National Trust car park
 68 Southgate Road, Southgate, Gower, Wales SA3 2DH

01792 399030 01792 233230
www.the-cliff.co.uk www.threeciffs.co.uk
 @CliffRestaurant @CliffRestaurant
 CliffRestaurantGower threeciffs

GOWER COFFEE CO. Welsh Brew